



BALSAM MOUNTAIN INN
a magical place in the mountains

SUNDAY LUNCH 12Noon-3PM

Appetizers

Spinach-Artichoke Dip 7

Spinach, artichokes, red pepper, cream cheese, parmesan cheese, herbs, toast points

Creamed Goat Cheese in Phyllo 9

Goat and cream cheese blend, herbs, crisp phyllo shell, classic tomato sauce

Soups / Salads:

Add protein to any salad; Chicken + 4 Shrimp + 7 * Steak + 8

Leek-Potato 5

Soup de Jour 5

Lobster Bisque 10

House Salad 8

Mixed greens, cucumber, tomato, shredded carrot, red onion, mushroom, choice of dressing

Classic Caesar Salad 9

Crisp romaine lettuce, parmesan cheese, croutons, house-made Caesar dressing

Apple, Bleu Cheese, Walnut Salad 10

Mixed greens, diced granny smith apples, crumbled Blue cheese, honey roasted walnuts, pickled red onion, house-made croutons, choice of dressing

Mediterranean-style Salad 10

Crisp Romaine Lettuce, cucumber, red onion, Kalamata olives, fire-roasted red peppers, Feta cheese, dressed with lemon vinaigrette

Soup/Salad Combo 13

One of our house-made soups paired with our house or classic Caesar salads.

Lobster Bisque + 3.5

Salad dressings - *Ranch, Goat Cheese Ranch, Blue Cheese, Greek Vinaigrette,*

Balsamic Vinaigrette, Parmesan Peppercorn, Caesar

Lunch Entrees Include Side Salad or Home-Made Soup

Caesar Salad + 2.5

Lobster Bisque + 3.5

Entrées

Vegetarian

Risotto 14*

Zucchini-pea risotto, mozzarella cheese rustic tomato sauce

Ravioli of Wild Mushrooms 16

Lemon butter wine sauce, sun-dried tomatoes, spinach, parmesan cheese

Chicken Entrées

Served with choice of potato or rice, and vegetable of the day

Chicken Scaloppini 16**

Boneless/skinless chicken breast, capers, artichokes, light cream sauce

Chicken Marsala 18**

Crispy skin breast, mushrooms, marsala wine, demi-glace

Beef and Pork

Served with potato or rice, and vegetable of the day

Bone-In Pork 23**

Pan seared, chopped bacon, apples, and Jus

***Seared Rib-eye Steak** 28**

Pepper crusted, caramelized onions, dijonnaise sauce

Entrées

Trout and Seafood

Served with potato or rice, and vegetable of the day

Trout Amandine 19**

Sunburst farm trout filet, toasted almonds, white wine sauce

Char-grilled Salmon 19**

Atlantic salmon filet, creamy polenta, tomato-basil relish, balsamic reduction

Louisiana Catfish, Shrimp and Grits 20

Pan-fried Catfish filet, Sautéed shrimp, green peppers, mushrooms, tomatoes, Cajun cream sauce, goat cheese grits

KIDS MENU (Choose One) 12

Chicken Strips (3) with French Fries

Home Baked Macaroni and Cheese

Home Made Cheeseburger with French Fries

Children under 2 years old 50% off

**BEST KEPT SECRET
OF THE DAY!!!**

ASK YOUR SERVER ABOUT OUR LUNCH SPECIALS!

SANDWICH OF THE DAY

BURGER OF THE DAY

DON'T FORGET TO ORDER **WINE** FROM OUR EXTENSIVE LIST TO
PAIR YOUR MEAL WITH.

Enjoy Your Meal, Bon Appétit, Smaczneho, Guter Appetit, Хороший
аппетит, Buen provecho!

Gratuity and Taxes not included

***Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have medical conditions.**

**** Does not contain Gluten**